

# Online Embodied Group Supervision

## 2025

This **MONTHLY** supervision group focuses on embodying clinical material, and its bodily felt senses to yourself as a practitioner. This group is for practitioners who would like to or already incorporated somatic aspects and movements into their clinical work. We also practice techniques of Authentic Movement to increase self-awareness and its application to understand the client's internal world.

### Eligibility to join the Embodied Supervision Group:

- Qualified practitioners (psychotherapists, counsellors, creative arts therapists, social workers, and other allied health professionals).
- Please note newly qualified practitioners are welcome while they are recommended to engage in ongoing individual supervision.
- Commit to a block of 6 sessions (We commit to working together for 6 months. (A possible extension of the the group if agreed).

### Time/ Day - Starting in February

Option 1 - a **Tuesday from 10am (AEDT)** for 1.5 hours for 2 practitioners or 2 hours for 3 practitioners

Option 2 - a **Friday from 10am (AEDT)**

**Fee:** \$480 (\$80 X 6 sessions)



<http://www.movingcircle.au/clinicalsupervision>



### Mioi Forster-Nakayama

I am a registered dance movement psychotherapist (DTAA, PACFA and ANZACATA) with an approach of psychodynamic psychotherapy. I completed an MA in Dance Movement Psychotherapy at Goldsmiths, University of London in 2015 and a PACFA accredited Supervision Advanced Certificate Course in 2022 and is a registered clinical supervisor with DTAA. I have been supervising creative arts psychotherapists, counsellors, and other allied health professionals.

As a clinician, I worked with people with psychotic episodes in psychiatric hospitals, neurodiverse children and teens in schools and a prison in London, as well as with women in a non-profit organisation in Japan. I moved to Australia in 2020, and worked mainly with NDIS participants at a clinic and now practicing privately. I am a trauma and culturally informed practitioner, abiding by the Professional Code of Ethics and Standards.